



GOOD HABITS & DAILY ROUTINE CHARTS FOR KIDS

Fun Printable Life Skills Workbook
(Ages 3-7)



Created by FunLivo - www.funlivo.com



WHY LEARNING LIFE SKILLS EARLY MATTERS



The early years are the foundation of a child's habits and confidence. Through daily routines, good manners, and small

responsibilities, children learn discipline, empathy, and independence.

This workbook helps kids practice real-world habits in a fun, visual way.

Each chart encourages positive behavior, problem-solving, and care for self and surroundings — the base for a balanced, confident life.



All About Me!

My
Photo

My name is

My birthday is years old

I study in

My school name is

My favorite food is



My favorite color is



My favorite toy



My favorite game

I live with



This is me! (Draw your picture here)

My Morning Routine

Check each step as you go



Wake up



Make bed



Brush teeth



Wash face



Take bath



Comb hair



Get dressed



Eat breakfast



Pack school bag



Tip: Finish all steps before screen time.

This Book Belongs to Me!



My
Photo

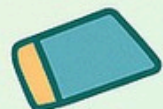


My name is _____

I am _____ years old

This book was started on _____

I'm learning god habits
and routines every day!



Signature of Parent/Teacher _____



MORNING ROUTINE



Wake up

☐

Make bed

☐

Brush teeth

☐

Wash face

☐

Take bath

☐

Comb hair

☐

Get dressed

☐

Eat breakfast

☐

MY MORNING ROUTINE

| | |
|-------|--------------------------|
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |
| _____ | <input type="checkbox"/> |

Tip: Finish all steps before screen time.

GOOD HABITS TRACKER

Parents: Tick each day your child practices their good habits!

| | MON | TUE | WED | THU | FRI | SUN |
|--|----------------------|-----|--------------------------|--------------------------|--------------------------|--------------------------|
|  | Brush teeth | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|  | Say thank you | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|  | Put away toys | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|  | Help others | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

CERTIFICATE OF ACHIEVEMENT

THIS CERTIFICATE IS PROUDLY PRESENTED TO

You did it!

Let's keep up the great work!



Date

Signature