

Little
Activities
Big
Learning!

Five Senses

Learning Activities

Fun and simple ideas for preschoolers!

Explore
Discover
Learn
Grow!



Sight

- Color sorting
- Look and find
- Nature scavenger hunt
- Observe light and shadows
- Explore shapes and patterns



Hearing

- Make musical instruments
- Listen to different sounds
- Sound matching game
- Clap and count rhythms
- Explore loud and soft sounds



Smell

- Smell and guess
- Explore spices and herbs
- Flower scent exploration
- Identify everyday smells
- Create a smell matching game



Taste

- Taste and describe
- Sweet, sour, salty, bitter
- Try different fruits
- Make a simple snack
- Food tasting charts



Taste
Explore
Enjoy!



Touch

- Explore different textures
- Sensory bins (rice, beans, sand)
- Feel and guess
- Play with dough or clay
- Explore soft, rough, smooth



Learning
Through
All Senses
for a Brighter
Tomorrow!

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Play
Learn
Create
Every Day!